

Bringing you the Latest News and Achievements from the Berkshire Transforming Care Partnership (TCP) Programme



## Welcome to the TCP Programme Briefing

For more information on the national TCP, please refer to: <https://www.england.nhs.uk/learningdisabilities/care/>

If you have any feedback on this Briefing, please contact Interim Programme Manager, Sarah Rowland on: [sarah.rowland5@nhs.net](mailto:sarah.rowland5@nhs.net)

Seven CCG's, six Local Authorities and Berkshire Healthcare NHS Foundation Trust are working together to run the local Transforming Care Partnership. Together, they have agreed a plan to implement system-wide changes across Berkshire.

This briefing has been created to provide an update to partners on what is happening across the TCP programme, both locally and nationally. Packed full of links and information, it is a resource for our partners, so please feel free to provide us with feedback so we can make it as useful as possible.

Local Berkshire TCP plans (and Easy Read Version)

<http://www.wokinghamccg.nhs.uk/berkshire-transforming-care-partnership>

## What is Transforming Care about?

In 2014, NHS England, commissioned a report to identify how services could do more for people with learning disabilities and/or autism, who display behaviour that challenges.

Following this report, NHS England, together with the Association of Adult Social Services, the Care Quality Commission, Local Government Association, Health Education England and the Department of Health, published a programme of work, outlining the Transforming Care Programme (TCP). These plans focus on addressing long-standing issues, with the aim of creating:

- More care in the community, with personalised support provided by multi-disciplinary health and care teams
- More innovative services to give people a range of care options, with personal budgets, so that care meets individuals' needs
- Early, more intensive support for those who need it, so that people can stay in the community, close to home
- Inpatient care, but only for as long as is needed and necessary

## A message from Gabrielle Alford, Chair of the Berkshire Transforming Care Partnership (TCP)

Co-production – Are we Truly Involving People in Service Change?

“As TCP partners, we hear about the term ‘co-production’, but the challenge is how we make this happen in practice, particularly when dealing with major service change.

Co-production (delivering services through the equal involvement of providers, service users, families and carers) from my perspective is all about the mindset that we use when considering service change. We need to shift our thinking to see people as ‘assets’ and ‘producers of change’. Co-production for me means embracing the question of how the service change makes sense to the people who use those services.

Assets-based Commissioning should start with all of us looking at the good areas of community care, such as skills, resources, people and places that achieve positive outcomes as opposed to looking at the problem, or what's not working. In essence, viewing the ‘assets’ of the service.

As well as people, our assets are



South Reading Clinical Commissioning Group  
Newbury and District Clinical Commissioning Group  
Windsor, Ascot and Maidenhead Clinical Commissioning Group  
Bracknell and Ascot Clinical Commissioning Group  
Wokingham Clinical Commissioning Group  
North and West Reading Clinical Commissioning Group  
Slough Clinical Commissioning Group  
Berkshire Healthcare NHS Foundation Trust



also things like: the independent community café, the church crèche, the person willing to run a street party or cook a meal for someone. What if these people and places could come together to solve outcomes that your organisation can't meet with money alone? The answers may uncover a different way of thinking.

In our area, some good examples of where assets-based co-production is working are the Talking Weekly Group (run by Berkshire Healthcare NHS Foundation Trust), and the Reading Talkback Group – you can find out more about it in this briefing. I urge all partners to feed into the TCP Programme Board to share best practice, thoughts and work on co-production so we can feature it in future briefings.

I came across a You Tube Video called, '[The Parable of the Blobs and Squares](#)', which I feel really demonstrates the principles of co-production. Happy watching. 🍷

## TCP Board Priorities for Next Month

- Initiate a recruitment campaign with the NHS England Patient Public Voice Team for experts by experience members to support programme workstreams
- Work towards engaging a Co-Production Lead to support co-production activities until March 2019
- Work closely with the national teams from Health Education England, Skills for Health and Skills for Care to build a sustainable and viable local workforce plan and shape the community provider market place

- Refresh the activity and financial modelling done by partners in April this year to scope what community services might look like in the future

## 'We Need to Give People the Best Opportunities to Fulfil their Potential' – Interview with Maria Bee, our Carer Expert by Experience

We are pleased to introduce Maria Bee, who has been appointed in a voluntary capacity to the TCP Board as our carer expert by experience. Her role is to be the service user and carer voice on the Board, providing effective feedback, challenge and perspective. But who is she? We spoke to Maria to find out more about her.

"I bring a range of perspectives to this role," she told us. "Having a 22 year-old son with learning disabilities, mental health needs and at times, extremely challenging behaviour, I have experienced such a range of services and funding applications, both acute and in the community. Basically, I have been through situations similar to those I believe the TCP is attempting to avoid. In addition, I work for a pharmaceutical company, so have experience of how the NHS works. I feel that I have both the views of a parent and also of someone who understands the issues and constraints the NHS is working in - so, an ideal role for me.

I am a passionate believer in the power of bespoke services, particularly in the community and my son, Joe is testament to the fantastic things that someone can do when they have the right care around them. Through a combination of positive risk taking, and looking at the 95% of the person that is positive

as well as the 5% that experiences challenging, negative behaviour, I do believe that the NHS has a big opportunity to facilitate proactive change that can change lives for the better. [For those that are interested, this link is evidence of how far Joe has come.](#)

I'm very much looking forward to having a significant role in the continued development of these TCP plans."

## Talkback and the TCP

In August, Talkback in Reading held a meeting to discuss the Transforming Care Plan. Talkback is focused upon supporting and developing self-advocacy, participation and involvement through the borough. The group raise issues and concerns about their lives, their services or their communities [For more information, visit this link.](#)

The August meeting was well attended by people from day services, supported living and people who are independent of services. The meeting developed an outline Job Description for a Support Worker, which will inform the Transforming Care Positive Living Model work across Berkshire. For further information, [please contact Sue Pigott.](#)

## 'Talking Weekly Group' – Experience-based Co-Design in Practice

The Talking Weekly Group, whose members have learning disabilities, is a project run by Berkshire Healthcare NHS Foundation Trust. It joined forces with the Point of Care Foundation and NHS England to look at whether Experience Based Co-Design (EBCD) is a good way of working in partnership



## Events

**[New Event by The King's Fund, 1 November 2016, London – How to involve and co-produce with patients and communities, implementing the six principles](#)** - This event focuses on six principles which will help deliver the NHS's Five Year Forward View vision, for a new relationship with patients and the community. For those interested in attending, click on the title link.

**[Find out how other TCPs have progressed one year on from publication of the National Plan](#)** - NHS England is running an event, called 'Building the right support for people with a learning disability and/or autism: one year on'. Find out how other services are developing, experience practical workshops on key delivery areas and find out what further support is available to help transform services in your area. The event will be held on 8 November 2016, between 10.30am – 3.30pm in London. If you are interested in attending, please follow the title link where you can register and find out more.

with people with a learning disability to co-design services.

The work has the potential to be influential for the TCP programme by informing inpatient service changes in Berkshire.

The Talking Weekly Group plans to hold interviews with people with a learning disability who have used local services to find out about what could have helped them stay out of hospital, what can be done to make hospital services better and what helps someone to be discharged successfully if they have been in hospital. Insight from this work will be fed back into the TCP Joint Operational Group to inform the development of new community services models.

For more information [contact Becky Chester](#).

### Update on TCP Finance and Activity Project Group

Learning lessons from the integration work already taking place across Berkshire, the group membership is made up of finance and commissioning leads from each

partner organisation. Its priorities will be:

- Establishing a set of agreed service user, care and provision definitions and criteria across all partner organisations. This will enable standardisation of data capture, reporting and analysis
- Refreshing activity and financial data for inpatient and community provision that was submitted by the partners to NHS England in April 2016, which forecast trajectories to 2020/21
- Exploring and, where appropriate, developing a range of pooled budget 'arrangement' options for the financial management and risk sharing of aggregate budgets at either service, locality or county level. These options will then be issued to the TCP Programme Board, partners' statutory bodies and cabinets for due consideration before any further work is undertaken
- Establishing an understanding between commissioning partner agencies on how different resources are currently being used, the degree of duplication and the opportunities to deploy resources more effectively

to secure better outcomes for service users

The group is jointly chaired by Neil Haddock, Chief Officer for Commissioning and Resources, Bracknell Forest Council and Perry Lewis, Finance Lead for the Berkshire West 10 Integration Programme. Starting in October, the group will meet monthly, to develop and feed in recommendations to the TCP Board, CCGs, and Unitary Authorities' constituent and governance forums. The group does not have the authority to take decisions on behalf of any partner.

### Personal health budgets: support for CCGs

Since September 2015, NHS England has provided a support programme aimed at helping partners to plan and manage personal health budgets locally. Tools and resources for professionals are available on the Personal Health Budget Learning Network (membership only). [Queries can be directed here](#).

### Useful Resources Around Autism Care

[Health Education England has published a wealth of resources on autism care](#). Featuring training materials developed by a range of organisations within the health, social care and voluntary sector, the resources aim to increase awareness and understanding of autism and help frontline staff to respond more effectively to the needs of adults with autism.



## Berkshire Healthcare NHS Foundation Trust's Autism Assessment Services

The Autism Assessment Team is an experienced multi-disciplinary team, which assess young people aged of 1-17½ (West Berkshire), and 5-17½ (East Berkshire) who present with complex social communication difficulties and/or may have an Autism Spectrum Condition. It is an assessment-only team. However, once an assessment is complete, parents will be given information about support services at home and at school, including information about autism specific parenting workshops and groups in their area and signposting to specialist advisory teachers where possible. Parents will also be invited

to join an online support network.

There are a number of conditions that can cause social communication difficulties for children and young people. Before making a referral, it is important that the relevant pre-referral checklists have been followed, as a referral to the service isn't possible without confirmation that the steps have been followed. Anyone unsure can also complete a screening questionnaire called the AQ-10 (or Q-CHAT for children 18-24 months) (best done by a professional who knows the child best, such as their teacher, SENCO or health visitor).

If the information does not support an assessment for Autism, the team will advise the referrer about what support or assessment may be more

appropriate. This reduces the chance of a child or young person attending an assessment they do not need and will allow them to access the right support quicker.

For more information, [email CYPF](#).

## TCP Autism Project Group

During August, the Joint Operational Group scoped the function of the TCP Autism Project Group. Chaired by Hannah Doherty, Head of Learning Disabilities and Autistic Spectrum Disorder Adult Social Care at Bracknell Forest Council, the group will be established from November and focus on:

- Mapping gaps in service provision across health, social care and the voluntary sector

## New Reports

### Healthwatch report: the power of the network

Three years on from the Francis Inquiry report and the launch of Healthwatch, the Patient Experience Library has produced an independent review of the potential power of a network of local Healthwatch.

The report suggests that Healthwatch is the biggest single contributor to the qualitative evidence base on patient experience, but also highlights that local reports could have a greater strategic value and impact if available collectively. To view the report, please contact Sarah Rowland.

### Launch of Core Skills Education and Training Framework

Developed by Health Education England (HEE), Skills for Health and Skills for Care, the framework sets out the core skills and knowledge that are common and transferable across different types of service provision for people with learning disabilities. It also provides guidance and standards for the delivery of training to develop required skills and knowledge, and achieve desired learning outcomes.

### Institute of Public Care – Joint Market Shaping Resources

Useful documents which discuss the benefits of working with others on market shaping activities. The papers, checklists and databases provide resources

to support good market shaping activities.

These reports are particularly useful around the integration work happening in each partner organisation. They provide loads of questions and principles to help you think differently about integration, personalisation and needs-based commissioning

The Place-based Market Shaping: Co-coordinating health and social care paper is for health and social care commissioners and discusses 'place-based' care systems, as opposed to individual organisations, working together on service models.



- Reviewing and aligning autism strategies to build working relationships between education, health and social care commissioners and providers

- Drafting joint commissioning standards around parity of esteem for children and young people with autism and those in transition to adult services, linked into the Future in Mind national framework

- Working towards standardising the triaging and prioritisation of cases, supported by joint information sharing protocols

- Looking at opportunities to expand successful youth pilot projects to more local areas

The group will not have the authority to take decisions on behalf of any of our partners. However, it is this group who will develop and feed in recommendations on improving autism services to the TCP Board, CCGs and Unitary Authorities' decision-making forums. If you or anyone of your colleagues would be interested in being a member of this workstream, please send your details to Sarah Rowland.

## Apply to be on NHS England's Learning Disability and Autism Group!

NHS England is looking for people to be involved in a new Advisory Group, which aims to help it in its work on learning disability and/or autism. They are looking for people with a learning disability, people with Autism or family carers to be part of the group. Please pass this information onto your Learning Disability and Autism Partnership Boards and advocacy groups. If anyone is interested, or would like

more information on the group, the Learning Disability Engagement Team can be contacted by email or by phone on: 01138 249 686.

## New South East Regional Workforce Plan

The 18 councils in the South East have developed a plan for how they will work together to help lead improvement in adult social care services. This regional plan outlines what councils will be doing with adult social care providers to:

- Improve retention and recruitment (there is a high staff turnover for all groups)

- Raise skills, knowledge and competencies

- Work effectively with partners – providers of adult social care, health and other stakeholders

To view the plan, please contact Sarah Rowland.

## Care Homes, Housing and Health and Social Care – New Network from The Kings Fund

The King's Fund and My Home Life have created a learning network for care home providers, commissioners and local NHS partners. The network will support collaboration through a critical learning and development space and is designed for anyone working at the interface with home care. For more information, click on this link.

## NHS England Clinical Reference Group and the Berkshire TCP

NHS England has established a group to provide proactive and reactive clinical advice to support the successful delivery of the national programme for Transforming Care across the South of England. Once appointed, the Berkshire TCP clinical lead will become a member of the group - a unique position as not all TCP areas in the South are represented. We are definitely being noticed at a national level for the work happening in Berkshire. We will keep partners updated on this group's progress in forthcoming briefings.

## Integrated Personal Commissioning (IPC) Programme

The IPC is a partnership between NHS England, the Local Government Association, Think Local Act Personal and the Association of Directors of Adult Social Services and is an excellent resource to help support our TCP partners in their thinking around integrated funding for individuals. To help with aligning the objectives of this programme with the Children's and Families Act and the TCP, the IPC national team has produced a simple diagram which helps illustrate the join up between health, social care and other services at the level of the individual. This can be found on its website, along with useful articles and tools to support the process of enabling people, carers and families to blend and control resources and 'commission' their own care through personalised care planning and personal budgets. For more information, click on this link.



### Contact List of Partner Representatives

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### Other Formats

If you would like this in another format, please contact Nadia Barakat or Sarita Rakhra (details in table above) who will be able to direct you to the right services to help you do that.